



Case Study of Infiltrating Carcinoma of the Breast in Correlation with the Incidence of the Estrogen Receptor [ER], Progesteron Receptor [PR] and HER2^{neu} Status

Authors

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Introduction

Globally breast carcinoma is the leading cause of cancer related death in women worldwide. Despite the high incidence rates, in Western countries, 89% of women diagnosed with breast cancer are still alive 5 years after their diagnosis, which is due to early detection and treatment. The UK and USA have one of the highest incidence rates worldwide (together with the rest of North America and Australia/ New Zealand), making these countries a priority for breast cancer awareness. Estrogen and progesterone and HER-2 protein play a central role in regulating growth kinetics of breast tissue and are powerful predictive markers. now the immunohistochemistry testing for hormonal receptors status is mandatory in breast cancer.

In urban India breast cancer accounts for about 25% to 33% of all cancers in women. In women, incidence rates of breast cancer rise sharply with age until ages 45 to 50, when the rise becomes less steep. This change in slope probably reflects the impact of hormonal change (menopause) that occurs about this time. Over 50% breast cancer patients in India present in stages 3 and 4, which will definitely impact their survival and the

overall 5 year survival for breast cancer patients in India doesn't appear to be even 60% presently.

A number of molecular markers have been identified in invasive breast cancers that have predictive as well as prognostic value. Well known markers include the estrogen receptor α (ER) and progesterone receptor (PR) which are associated with improved outcomes and respond to hormone therapy. HER-2/neu is a tyrosine kinase receptor related to the epidermal growth factor receptor family. Over expression of HER-2/neu in invasive carcinoma is correlated with decreased relapse-free and overall survival, and resistance to hormonal and cytotoxic therapy. Estrogen and progesterone and HER-2 protein play a central role in regulating growth kinetics of breast tissue and are powerful predictive markers. Estrogen plays a central role in regulating growth kinetics of a variety of epithelial linings, most importantly in the breast and endometrium. Breast cancer patients whose lesions contain both Estrogen receptors (ER) and Progesterone receptors (PR) have the best possibility of remission following hormonal therapy (approximately 70%) than the group of patients whose lesions contain either receptor alone (approximately 30%) or very low levels of both

receptors (approximately 10%). It has been shown that tumors expressing ER and PR tend to be better differentiated and low grade tumors. ER negative status has been shown to be predictive of recurrence of low stage tumors, independent of tumor grade, while negative PR status is associated with a significant risk of lymph node metastasis independent of other clinicopathological factors.

Breast cancer patients that have *HER2/neu* gene amplification, results in glycoprotein over expression. Approximately 5% of patients have over expression without gene amplification, but otherwise gene amplification and expression are highly correlated. *HER2* amplification or over expression has been associated with higher tumor grade, lack of ER receptors, higher levels of tumor proliferation, and poorer prognosis.

Materials & Method

This was a prospective study done from June 2018 to June 2019. 50 patients were included in this study who were admitted in our institution. The following clinical and pathological factors were correlated with ER/PR and HER 2^{neu} status.

- A) Menopausal status
- B) Tumor size
- C) Pathological type
- D) Histological grading
- E) Lymphovascular invasion
- F) Nodal status

Inclusion Criteria

- All cases of Modified radical mastectomy operated from June 2018 to June 2019

Exclusion Criteria

- Patients those who had undergone neo-adjuvant Chemotherapy / Radiation.
- Patients who had undergone previous breast surgery
- All cases of metastatic Carcinoma breast .

Core-needle biopsy

A 14-gauge needle, such as the Tru-Cut needle. Automated devices also are available. Tissue specimens are placed in formalin and then

processed to paraffin blocks. Although the false-negative rate for core-needle biopsy specimens is low. Core-needle or open biopsy also permits the analysis of breast tissue architecture and allows the pathologist to determine whether invasive cancer is present.

The tissue for receptor study is sent at low temperature in ice flask. It is assessed by quantitative analysis (frozen -70°) .If value is more than 10 units (f/mols) per n gram of tissue is called estrogen receptor positive status.60% of the post menopausal cases are usually estrogen receptor positive and premenopausal cases are 30% positive %. The determination of estrogen and progesterone receptor status used to require biochemical evaluation of fresh tumor tissue. Now, estrogen and progesterone receptor status can be measured in archived tissue using immunohistochemical techniques.

Hormonal therapy

Based on the estrogen and progesterone receptor status of the tumor

Pre menopausal

- Tamoxifen -Antiestrogen
- Ovarian ablation by surgery
- Progesterone-Medroxyprogesterone
- Androgen-fluoxymestrone

Post menopausal

- Tamoxifen
- Aromatase inhibitor– Anestrazole, letrazole.
- Progesterone
- Androgen

Chemotherapy

- Advanced carcinoma as a palliative procedure
- Post operative period after simple mastectomy in stage III
- Inflammatory carcinoma
- In stage IV with secondary's in bone, lung, liver Premenopausal age group with poorly

differentiated carcinoma Two types

- Neoadjuvant
- Adjuvant

Drugs used in chemotherapy

CMF regime

- Cyclophosphamide
- Methotrexate
- 5 -Fluorouracil

CAF regime

- Cyclophosphamide
- Adriamycin
- 5 Fluorouracil

Monoclonal Antibody

Trastuzumab

It is a monoclonal antibody that blocks [human epidermal growth receptor] HER-2/neu receptor thereby preventing growth of cancer cells. It is a new drug now marketed as Herceptin .It is a c-ErbB2 (growth factor receptor) inhibitor .it is a newer biological agent. It is effective in HER-2/neu positive metastatic disease .

Results and Discussion

Among the 50 patients operated for carcinoma breast most of the patients in our study were post menopausal (66%). Similar observations were noted in a study done by Azizun- Nisa et al¹⁸ where most of the patients were post menopausal (66%). There was not much of a difference in ER,PR status in pre menopausal and post menopausal patients. This observation was similar to a study done by mohammad faheem et al.¹⁹ Most of the patients in our study presented with tumour size of T2 (2cm to 5 cm) (68.2%). This observation was similar to a study done by Hussein et al²⁰ where 69.8% of the patients were of tumour size T2. In our study the ER, PR negativity decreased with increase in size and HER 2 NEU over expression decreasing with increase in size. Similar observations were made by Lu et al²³ which demonstrated a negative association between receptors and tumour size. This was in contrary to a study done by Eisenberg

et al¹⁶ where smaller tumours were ER positive.

Most of the patients in our study presented with a tumour grade 2 (51.6%). Similar observations were made in a study done by Hussein et al²⁰ where 55.2% were grade 2 and Azizun- Nisa et al¹⁸ where 55.3% of patients were grade 2. As the grade of the tumour increased the ER/PR negativity increased. Similar observations were made in studies done by Azizun- nisa et al¹⁸, Eisenberg et al¹⁶, Mohala et al¹⁵ and Almari et al¹⁷ where as the grade of the tumour increased the ER, PR negativity increased. In our study the most common pathological type of carcinoma was Ductal carcinoma NOS (80%). Similar observation were made in a study done by Hussein et al²⁰ where 90.5% of the patients were diagnosed to have Ductal carcinoma NOS. In our study most of the patients with pathological type of Ductal carcinoma NOS had ER/PR Negative. Medullary carcinoma had ER/PR and HER 2 NEU negative. Mucinous carcinoma had ER positive, PR positive and HER 2 NEU negative status.

In our study there was not much of a correlation between the nodal status and ER/ PR receptor status. This observation was similar to the study done by

Fatima et al²² and azizun- nisa et al¹⁸ where no significant correlation of receptor status and lymph node metastasis was seen. Most of our patients presented with absent lymphovascular invasion (64%). There was no significant correlation noted between the receptor status and the lymphovascular invasion.

Conclusion

A total number of 50 patients with newly diagnosed infiltrating carcinoma of the breast were included in the study. Correlation of ER/PR and HER2NEU was done with other prognostic factors which were Menopausal status, Tumour size, Pathological type, Histological grading, Lymphovascular invasion and Nodal status.

Most of the patients in this study were post menopausal with tumour of stage T2. The commonest pathological type was Ductal

Carcinoma NOS type. Majority of the patients had histological grade 2, and most number of patients presented with absent lymphovascular invasion (64%). There was no significant correlation noted between the receptor status and the lymphovascular invasion.

The following results were observed:

As the grade of the tumour increased, ER/PR negativity increased with increase in Her 2 neu expression

There was no correlation found between ER/PR status and Menopausal status, tumour size, nodal status, lymphovascular invasion and pathological type.

There was no correlation found between Her 2 neu expression with tumour size and lymphovascular invasion.

The presence of positive estrogen, progesterone or HER2neu receptors will help people decide on the type of treatment. The women with estrogen, progesterone and HER2neu positive receptors can be started on hormone therapy which will be beneficial to them.

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