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Primary Neonatal Iliopsoas Abscess - A Rare Case Report

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Abstract

We report a case of 27 days old male child with complaints of progressively increasing swelling in left groin region extending up to left thigh. The child has been reffered to our center for an M.R.I scan. On performing M.R.I scan a diagnosis of left ilopsoas muscle abscess has been offered. Only 14 cases have been reported so far in the literature (1 & 2). We present this rare neonatal case of primary liopsoas abscess and discuss clinical symptoms, etiologic agents, methods of diagnosis and therapy, and prognosis. **Keywords:** Iliopsoas Abscess, Septic Arthritis, MRI Sequences, Extra Peritoneal Drainage.

Case Report

A 27 days old male neonate, with uneventfull pregnancy and normal vaginal delivery with birth weight of 2.5 kgs came with complaints of progressively increasing swelling in left groin region extending up to left proximal thigh along with restricted movements of left hip joint and low grade fever.

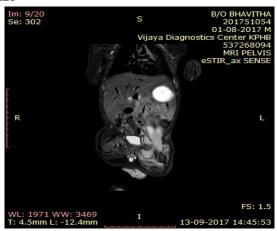
Initially x-ray pelvis has been done as a priliminary investigation by the clinician which was showing vague soft tissue opacity on left grion region with mild increase in left hip joint space compared to right hip joint. There was no bony abnormality noted.

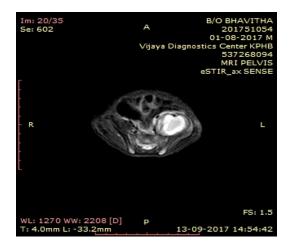


Routine Ultrasonography of the pelvis was done in the hospital which showed collection in the left groin involving left hip joint space and thigh regions. Clinician suspecting Left Hip joint septic arthritis correlating the ultrasonography findings and reffered for an M.R.I scan here in our center.

M.R.I Findings: M.R.I scan was performed on Philips Ingenia 1.5 Tesla Machine. Sequences Performed are T1wieghted, T2 Weighted and STIR in Axial, Sagittal & Coronal sections.

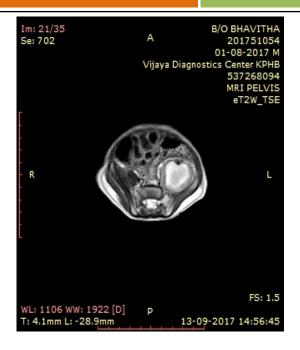
STIR





T2W







M.R.I Images Showing Hyper Intense Collection Involving Left Iliopsoas Muscle Extending Up to Proximal thigh Measuring Approximetly 7.1 X 3.4 X 2.7 Cms with Myofacial Edema of the Proximal thigh Muscles.

Discussion

Neonatal iliopsoas abscess is extremely rare as stated above, only 14 cases have been reported till date (1&2), This condition can turn lethal to a nenonate, They present with leg and groin swelling, limitation of movements in the joint associated with pain, in few cases may be associated with septic arthritis and spondylo discitis (3&4) They are divided into Primary &

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Secondary Iliopsoas abscess, Where in primary hemetogenous spread of occult site is noted. secondary spread of infection from spine (commonly in tuberculosis), sacro iliac joints, intestinal, renal or bone disease including inflammatory bowel appendicitis, disease, pyelonephritis, osteomyelitis can be observed. Possible differential diagnosis for this presentation includes septic arthritis of hip (5,6&7) cellulitis of thigh and abdominal wall⁽⁸⁾. when a neonate presents with thigh/inguinal swelling first septic arthritis, joint effusion must be ruled out and later psoas abscess must be suspected⁽⁹⁾.

Ultrasonography is the first choice of investigation, M.R.I is preffered choice of investigation as it has no ionising radiation &, particularly safe for a female neonate. M.R.I helps in localising the extent of abscess & bony involvement, surrounding soft tissue involvement and better deliniation for pre operative work up to perform drainage of the abscess.

Treatment includes antibiotic therapy and extra peritoneal surgical drainage⁽¹⁰⁾, Ultra sond guided drainage with strict aseptic conditions can be performed. Most common causitive organism for this condition is staphylococcus areus.

Conclusion

The prime motive to report this case is consider ilio psoas abscess as a differential diagnosis when a neonate presents with groin swelling, firstly rling out all the commener problems psoas abscess also should be ruled as this condition can be lethal to the child.

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