



To Compare two Different Doses of Tranexemic Acid in Congenital Cyanotic Heart Disease Patients Undergoing Open Heart Surgery

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Abstract

Background: Blood conservation continues to be an important focus of interest in the field of cardiac surgery, given the increased awareness of blood-borne diseases and problems arising from multiple donor transfusions that are routine part of cardiac surgery.^[1] the search for methods and pharmacological agents to reduce blood loss after cardiac surgery is on-going. Use of antifibrinolytic has been studied and used in adult cardiac patients widely but there are not many studies regarding use of Tranexemic Acid in Cyanotic Congenital heart disease patients undergoing open heart surgery.

Methods: After ethic comitee permission 114 patients divided into two groups A and B .Group A –Injection Tranexemic Acid 10mg /kg IV followed by infusion of 1mg/kg till end of surgery and Group B –three bolus doses of Injection Tranexemic Acid 10mg/kg IV, Blood loss, coagulation parametres, outcome of surgery studied with detail.

Result: It was found that three bolus doses of IV Tranexemic acid 10mg per kg is superior to IV bolus Followed by continuous infusion.

Keywords: Tranexemic acid, Congenital Cyanotic heart disease, Boluses, Blood loss.

Introduction

Blood conservation continues to be an important focus of interest in the field of cardiac surgery, given the increased awareness of blood-borne diseases and problems arising from multiple donor transfusions that are routine part of cardiac surgery.^[1] the search for methods and pharmacological agents to reduce blood loss after cardiac surgery is on-going. The use of antifibrinolytic agents such as tranexamic acid (TA) to reduce blood loss after paediatric cardiac surgery has been described in several studies ^[2,3] these agents were found to be more effective in cyanotic rather than acyanotic patients .and has been used to reduce postoperative blood loss in adult patients, but very few studies have been

conducted in children.^[4-6] The dosage of TA has varied greatly in different reports. Reichert and colleagues ^[7] used a single dose of 50 mg/ kg after anaesthetic induction. Isetta^[8] et al used 15 mg/kg of TA before heparin and the same dose after protamine administration and compared the effects with those of low dose aprotinin. J.C.Horow et al ^[9] used a 10 mg/kg loading dose followed by an infusion of 1 mg/kg/hr. Vacharaksa et al ^[10] used 15 mg/kg of TA after induction and repeated after protamine. In view of the large variation in the dosage of TA, we decided to compare the previously used regimens to assess their relative efficacy in children with cyanotic congenital heart disease undergoing corrective cardiac surgery.

Material and Methods

The present clinical study is a randomized prospective single blinded study consisting of 114 children posted for corrective cardiac surgery for cyanotic heart disease. After the approval from institute's ethics committee and informed consent from the parents of the children, this study was conducted over a period of 2 years from May 2010 on 114 children in the age group ranging from 2 months to 15 years, undergoing corrective surgery for congenital cyanotic heart disease. Patients were selected from cardiovascular and thoracic surgery wards according to the inclusion and exclusion criteria as mentioned below

Inclusion Criteria

children aged between 2 yrs to 15 yrs with congenital cyanotic heart disease undergoing intracardiac corrective surgery on cardiopulmonary bypass (CPB)

Exclusion Criteria

Patients relative's refusal for the consent for study.

1. Patients with the history of allergy to the study drug.
2. Patients with renal dysfunction (serum creatinine more than 3 mg/dl)
3. Patients with a history of previous neurologic event like cerebral thrombosis, infarction or abscess.
4. Patients with congenital bleeding disorder
5. Patients with coagulation disorder
6. Emergency surgery

Patients were randomly assigned to group A and group B by asking the accompanying parent pick 1 of the 2 unmarked envelopes containing the group names. Group A received TA 10 mg/kg bolus dose after induction followed by an infusion of 1 mg/kg/hr. The infusion was continued till the end of surgery. Patients in group B received TA bolus dose of 10 mg/kg thrice i.e. after anaesthetic induction, on CPB and after protamine reversal of heparin.

Anaesthetic management was standardized in all patients, who differed only in respect to the dose of TA given. All operations were performed by the same surgical team so that variation in the surgical technique as a cause of varying postoperative blood loss was ruled out. Preoperative Haemoglobin count, PCV and platelet count were recorded. Induction was done using midazolam 0.1mg/kg, fentanyl 10ug/kg and rocuronium 1 mg/kg for muscle relaxation and

maintained on air, oxygen and sevoflurane. Muscle relaxation was maintained with pancuronium 0.02mg/kg/hr. After systemic heparinization with 300 U/kg of heparin, CPB was conducted on all patients using a membrane oxygenator and non occlusive roller pumps at moderate hypothermia (28°C). The CPB circuit was primed with Ringer lactate solution 20 ml/kg, sodium bicarbonate 7.5% 1 ml/kg, mannitol 20%, 0.5 gm/kg and heparin 100 U/kg. Ultrafiltration was done on CPB to remove excess fluid. The CPB time was recorded as it indirectly affects the postoperative bleeding. Packed red blood cells were added if the haematocrit fell below 24% on CPB. Patients were weaned off CPB with the help of inotropic drugs like dopamine, dobutamine, noradrenaline, milrinone, phenylephrine as per their respective doses. The time period from protamine administration to sternal closure was recorded in all patients and was used as an indirect index of the coagulation status, unless the delay in sternal closure was because of haemodynamic instability. (These patients were excluded from the study). Activated clotting time (ACT) values were recorded on four occasions i.e. 5 min prior to heparin administration, 5 min after protamine administration, 1 hour postoperatively and 6 hour postoperatively. Postoperative care was taken by the surgical team blinded to the study groups who managed bleeding and blood products administration as per existing protocols. Packed red blood cells were transfused if the haematocrit fell below 33%; fresh frozen plasma was transfused if haematocrit is above 33%. Platelet concentrates were transfused in a dose range of 1 to 3 units per 10 kg body weight and cryoprecipitate was transfused in a dose of 2 units per 10 kg body weight if postoperative drain output were high. Autotransfusion of shed mediastinal blood was not performed. Blood samples were collected after 6 hours postoperatively for coagulation studies that included bleeding time, clotting time, prothrombin time and international normalized ratio. Postoperative cumulative blood loss from mediastinal and chest tube drains were recorded at 24 hours postoperatively.

Results and Analysis

This study consists of 114 patients who were randomized to two groups A and B. Group A received TA bolus at induction followed by

infusion till the end of surgery. Group B received TA bolus thrice at induction, on CPB and after protamine reversal. To summarise normally distributed data, Mean & SD is used and for not normally distributed data, Median and interquartile range is used. Appropriate statistical test like **Chi square test** (to compare proportions between two or groups) **fisher's exact test** are used.

The mean age in group A was 4.79 ± 3.3 years and in group B is 4.58 ± 3.31 years. The p value is not statistically significant

Table1: Demographic data

No. of patients		Group A(57) (Bolus+Infusion)	Group B(57) 3boluses
Age	MeanSD Range	4.79 ± 3.30 2-15 yrs	4.58 ± 3.31 2-15 yrs
Gender	Male Female	26 31	26 31
Weight	MeanSD Range	9.92 ± 4.87 9-25kg	9.03 ± 4.84 9-22kg

In our study demographic data (age ,gender) was comparable in all groups.

The age of the cases were ranging from 2 years to 15 years with the mean for group A (bolus + infusion) was 4.79 ± 3.30 and mean for group B (thrice bolus) was 4.58 ± 3.31 which is not statistically significant.(Table 1).

Out of 57 participants in group A 26 were male and 31 were female; in group B 26 males and 31 females . This was also statistically not significant. .(table2).

Thus the demographic data of two groups were not statistically significant that means all groups were comparable and randomised properly

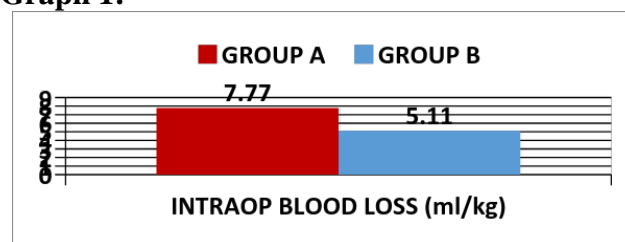
Table 2- Percentage distribution of diagnosis among study groups

Diagnosis	Surgery	Total Duration(min)	Group A	Group B	Total
CAVC	CAVC repair	162	2(3.50 %)	4(7%)	6(5.30%)
Tricuspid atresia+VSD	Bilat. Glenn shunt	60	2 (3.50 %)	4(7%)	6(5.30 %)
TAPVC	Correction	130	4 (7%)	5(8.8%)	9(7.90%)
TGA	Arterial Switch	240	7 (12.30 %)	5 (8.80%)	12(10.50 %)
TOF	Intracardiac repair		42(73.70%)	39(68.4 %)	81(71.1 %)

As shown in table 2 diagnosis and surgery are not the confounding factors in the study.

As shown in table 6, preop Hb PCV and platelet count is same in both the study groups.

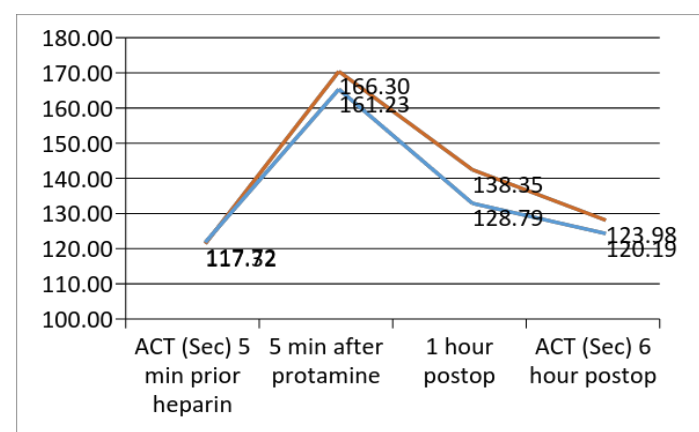
Graph 1:



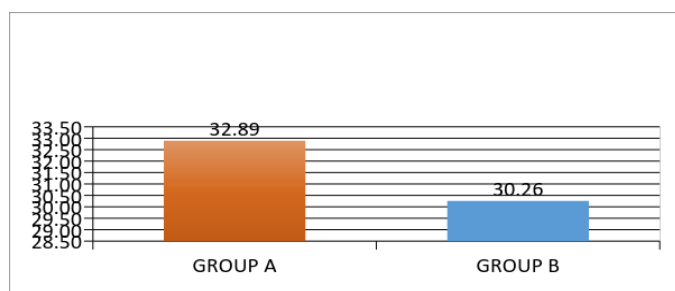
As shown in Graph 1, intraoperative blood loss in group A was 7.77 ± 1.95 and in group B was 5.11 ± 1.73 . p value was significant. Thus the intraoperative blood loss was significantly less in group B as compared to group A.

RBC transfused intraoperatively was 4.79 ± 1.42 ml/kg in group A and in group B it was 3.31 ± 2.31 ml/kg. FFP transfused intraoperatively was 3.19 ± 1.49 ml/kg in group A and in group B it was 2.12 ± 1.64 ml/kg. p value was significant for both RBC and FFP. thus the requirement for intraoperative RBC and FFP transfusion was significantly less in group B as compared to group A.

Platelets transfused intraoperatively was 1.00 ± 0.85 ml/kg in group A and in group B it was 0.94 ± 0.78 ml/kg. p value was not significant. Hence the platelet requirement intraoperatively was same in both the groups.



ACT values recorded 5 min prior to heparin administration and after protamine administration was same in both the groups. but the ACT recorded 1 hour and 6 hours postoperatively was significantly less in group B as compared to group



The mean sternal closure time(min) in group A was 32.89 ± 7.25 and in group B was 30.26 ± 6.58 which is statistically significant. As shown in table 12, the mean CPB time in group A was 2.66 ± 1.58 and in group B it was 2.94 ± 1.49 . P value is not significant thus CPB time is same in both the study groups.

Bleeding time in group A is 144.75 ± 19.21 and in group B it was 105.37 ± 7.9 . The clotting time in group A was 368.88 ± 50.9 and in group B 260.74 ± 30.3 . The P value is significant for both BT and CT thus the mean BT and CT values are significantly less in group B as compared to group A.

Mean PT in group A was 17.02 ± 1.97 and in group B 14.04 ± 1.24 . The INR value in group A was 1.34 ± 0.19 and in group B was 1.13 ± 0.22 . The P value was significant for both PT and INR thus the mean PT and INR values are significantly less in group B as compared to group A.

The mean Hb in group A recorded at 24 hours post operatively was 12.25 ± 1.11 and in group B, 12.89 ± 1.07 . The mean PCV for group A was 37.7 ± 4.13 and in group B was 39.21 ± 3.52 . P value was significant for both Hb and PCV recorded 24 hours post operatively thus the Hb and PCV values were significantly high in group B as compared to group A.

Mean platelet count in group A was 2.11 ± 0.6 and in group B 2.03 ± 0.59 recorded 24 hours post operatively. The P value was not significant, thus the platelet count was same in both the study groups.

The mean drain output in group A was 11.67 ± 6.03 and in group B it was 7.0 ± 5.34 which is statistically significant. The drain output was significantly less in group B as compared to group A.

Mean RBC (ml/kg) transfused postoperatively in group A was 4.56 ± 8.47 and in group B it was 1.75 ± 5.71 which is statistically significant. The mean FFP transfused (ml/kg) postoperatively in group A 18.86 ± 2.68 and in group B is 11.23 ± 3.57 which is statistically significant.

Platelet transfused in 24 hours post operatively was 1.28 ± 0.96 for group A and 1.21 ± 0.77 for group B. P value is not significant. Platelet requirement in post operative period was same for both groups.

Discussion

Children undergoing cardiac surgery with CPB have a higher rate of postoperative bleeding than that seen in adult patients.^[49] This is due to several factors.

There is disproportionate exposure to the nonendothelialized extracorporeal circuit, which produces an inflammatory-type response. This inflammatory response to CPB is inversely related to patient age; the younger the patient, the more pronounced the response.^[50] Because complement and platelet activation are linked to the activation of other protein systems in the blood (i.e., fibrinolytic), it is probable that this haemostatic activation, which results in impaired haemostasis and increased bleeding tendency, plays a major role during paediatric cardiac surgery.

The type of surgery performed in children usually involves more extensive reconstruction and suture lines, creating more opportunities for surgical bleeding than in adult cardiac patients. Congenital cardiac anomalies like TGA, CAVC and tricuspid atresia require corrective surgeries of longer duration as compared to other other cardiac anomalies like valvular repair, PDA ligation and VSD repair. Thus the CPB time is also prolonged owing to longer duration of surgery. Prolonged CPB time will aggravate the inflammatory and haemostatic effects of CPB, thus increasing the tendency of intraoperative and postoperative bleeding.

The immature coagulation system in children also contributes to impaired haemostasis.^[51] The procoagulant and factor levels are reduced in young patients with congenital heart disease due to immature or impaired hepatosynthesis.^[52]

Also, children with congenital cyanotic heart disease have decreased platelet aggregability owing to hypoxia and polycythemia^[53]. Hence the need for platelet transfusion is more in these patients during and after surgery.

The haemostatic effects of CPB are myriad. Exposure of blood to the surfaces of the bypass circuitry is a profound stimulus for inflammatory upregulation, and activation of the haemostatic

system is a component of the normal inflammatory response.

CPB is thought to activate the intrinsic and extrinsic haemostatic pathways and to directly affect platelet functionality. Current concepts in vascular biology and haemostasis implicate tissue factor-bearing leukocytes and endothelial cells activated by the inflammatory stimulus of bypass and circulating tissue thromboplastin generated from the surgical field.^{[54] [55] [56]} Activation of the intrinsic pathway can occur by activation of factor XII to factor XIIa on the various surfaces of the bypass circuit.^{[54] [57]} Generation of thrombin by the tissue factor pathway assumes a primary role in CPB-associated haemostatic disorder can complicate haemostasis after CPB is terminated and heparin is reversed by protamine.

In addition to activating the extrinsic and intrinsic haemostatic pathways, CPB directly affects platelet function through the effects of haemodilution, hypothermia, and contact activation by bypass circuit materials. Platelets express numerous glycoproteins on their surface that serve as receptors for several circulating ligands, such as fibrinogen, thrombin, and collagen.^[54] The components of the bypass circuit adsorb circulating proteins that can serve as foci for platelet attraction and adherence. These surface-bound platelets activate and release the contents of their cytoplasmic granules, which can then serve as localized sources of thrombin generation or embolize to initiate microvascular thrombosis.^[59] The resulting functional platelet disorder can complicate haemostasis after CPB is terminated and heparin is reversed by protamine.

Fibrinolytic activity is also increased by CPB. Contact activation of factor XII, prekallikrein, and high-molecular-weight kininogen leads to fibrinolytic activation through activation of endothelial cells to produce tissue plasminogen activator (t-PA) and lysis of fibrin strands and the fibrin precursor fibrinogen.^{[54] [60]} Endothelial cells themselves are vulnerable to inflammatory activation by the effects of CPB. Vascular endothelium is an active substrate that expresses and releases anticoagulant and procoagulant factors.^[55] Endothelial cells, when exposed to hypoxia or inflammatory mediators during bypass, can induce a relatively prothrombotic state that leads to upregulation of tissue factor, accelerated platelet adhesion, and increased expression of leukocyte adhesion molecules.^{[54] [55]}

Platelet dysfunction and fibrinolysis are important causes of increased blood loss during and after cardiac surgery performed under CPB.^[6] As children with congenital cyanotic heart disease have a deranged coagulation system, with pre-existing altered platelet function and enhanced fibrinolysis, they are more prone to excessive postoperative blood loss because these pre-existing defects are worsened by CPB.^[10]

Patients with congenital cyanotic heart disease are therefore known to benefit from antifibrinolytics such as tranexamic acid which has been used in several studies to reduce intraoperative and postoperative blood loss.^{[3], [8]} Tranexamic acid is an antifibrinolytic agent, 10 times more potent than epsilon aminocaproic acid with more effective binding to plasminogen.

However there is no agreement on the optimal dosage of TA or the timing of administration, specially in patients with congenital cyanotic heart disease. Reichert and colleagues studied TA in 88 children given a single dose of 50 mg/kg and found no benefit in 64 non cyanotic patients in terms of reduced bleeding or transfusion requirements. Isetta^[8] et al used 15 mg/kg of TA before heparin and the same dose after protamine administration and compared the effects with those of low dose aprotinin in cardiac surgery. He found both TA and aprotinin to be equally effective in reducing blood loss in cardiac surgery. J.C.Horow et al^[9] used a 10 mg/kg loading dose of TA followed by an infusion of 1 mg/kg/hr and compared it with desmopressin in cardiac surgery and observed that TA significantly reduced the postoperative blood loss and transfusion requirements in cardiac surgical patients. Vacharaksa et al^[10] compared single dose versus double administration TA 15 mg/kg children with cyanotic CHD undergoing open heart surgery. He observed no significant difference in postoperative blood loss or blood and blood product requirement between those who received a single dose of TA compared with those who received two doses.

This present study shows that the thrice bolus dose of TA is more efficacious in reducing postoperative blood loss and blood products requirements as compared to the bolus with infusion dose. the above data shows that the thrice bolus dose has better effect on the coagulation status than the bolus and infusion dose. The mean preop Hb, PCV and platelet count in group A and Group B is not statistically significant. But the

mean post operative Hb (gm%) in group A 12.25 ± 1.11 and in group B was 12.89 ± 1.07 which is statistically significant. The mean PCV (%) in group A was 37.7 ± 4.13 and in group B was 39.21 ± 3.52 which is statistically significant. The mean postoperative platelet count (lac/cumm) in group A was 2.11 ± 0.6 and group B was 2.03 ± 0.59 which is not significant. This shows that the thrice bolus dose of TA is more effective in controlling blood loss intraoperatively and postoperatively and improving the coagulation status in patients undergoing corrective cardiac surgery for cyanotic heart disease. But platelet count is not affected by the different dose of Tranexemic acid.

In view of the large variation in the dosage of TA, we decided to compare the previously used regimens to assess their relative efficacy in children with cyanotic congenital heart disease undergoing corrective cardiac surgery. This is a randomized prospective study comparing the efficacy of two different doses of TA. Here we randomly divided the patients in two groups; group A received TA bolus 10 mg/kg at induction followed by infusion at the rate of 1mg/kg/hr continued till the end of surgery.

Conclusion

Though use of Tranexemic acid is very popular in open heart cardiac surgeries the desired effects may not be achieved in various regimens used. The therapeutic levels of Tranexemic acid are maintained throughout the surgery both during CPB and off CPB thus combating the undesirable effects on CPB in three bolus doses regime whereas the infusion dose was insufficient to cause sustained antifibrinolysis on CPB in Bolus followed by Infusion regime group. Hence it is safer and useful regime in open heart surgical cyanotic heart disease paediatric patients. Limitation of study is Thromboelastography (TEG) should have been used as a guide to assess the cause of bleeding and for administration of blood components, but due to its lack of availability, it was not used in our study.

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